

The National Scoliosis Detection Program

Notification to School Principal

Dear Principal

This letter is to bring to your attention to the National Scoliosis Detection Program for Scoliosis (NSDP), an important preventative health program for girls in your school aged 10 and 12 years (Years 5 and 7 in most states and territories).

Scoliosis, a sideways curvature of the spine, is a not uncommon condition, and 2.5 percent of adolescent girls are at risk of developing a significant curvature.

Screening has changed from school screening with nurse attendance, to all Australian schools being asked to download a simple Scoliosis Detection Fact Sheet from www.scoliosis-australia.org, and disseminating it accordingly.

This is a project of the Spine Society of Australia, an Affiliate of the Australian Orthopaedic Association.

If your school participated in the past, we thank you for your co-operation. Many parents have been in contact, concerned that this program has lost its footing in schools. If inadvertently the NSDP has not come to your attention, we ask that you consider your school taking part in this program.

You are invited to peruse the Scoliosis Detection Fact Sheet and Policy Statement at the Scoliosis Australia website. Our website offers comprehensive information about scoliosis for schoolgirls and their parents.

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